

Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 100M

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	9.87	JUSTIN GATLIN		STANFORD, USA	2019/06/30
HONG KONG RECORD	10.28	TSUI CHI HO 徐志豪	Bank of China (Hong Kong) 53rd		2010/05/16
	10.28	NG KA FUNG 吳家鋒	ASICS Hong Kong Athletics Series	Wanchai SG	2021/09/11
Masters ACR	11.22	TO Wai Lok 杜韋諾	Hong Kong Masters Athletics	Wanchai SG	2014/11/02
HKMAC RECORD	11.22	TO Wai Lok 杜韋諾	Hong Kong Masters Athletics	Wanchai SG	2014/11/02

2023/10/29 Start: 13:50 28°C 58%

Final 1 /3

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-6 CHU CHEUK HUNG	朱卓鴻	35110 SCAA	11.94	+1.8	11.940"
2	1-2 TAM WING PAN	譚榮斌	35117 SCAA	12.25	+1.8	
3	1-7 LEONG MAN TENG	楊晚亭	35099 MAC	12.69	+1.8	
4	1-4 CHAN CHEUK NAM STANLEY	陳卓男	35042 DBSAC	12.87	+1.8	
5	1-8 HUNG CHEUNG KIT JOHN	孔祥傑	35050 DBSAC	14.88	+1.8	
	1-3 LEE TSZ KIN	李子健	35105 PoliceAC	DNS		
	1-5 THANISLAS JOHN PETER		35094 LSCAC	DNS		

Final 2 /3

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-6 WONG HON LEUNG	黃漢良	35068 DBSAC	12.15	+2.2	
2	2-2 PANG YIU CHI EDWIN	彭耀慈	35093 LSCAC	12.59	+2.2	
3	2-8 KAWANA YUJI	川名 裕治	35073 JPN	12.75	+2.2	
4	2-7 LAU YU LEONG	劉宇亮	35055 DBSAC	13.01	+2.2	
5	2-5 LIU WUN TSUN	廖煥浚	35126 SHTB	19.15	+2.2	
6	2-3 YEUNG CHUN YIN JARVIS	楊俊彥	35071 DBSAC	23.44	+2.2	

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主辦單位:



協辦機構:



合作伙伴:



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HKMAC RECORD	11.22	TO Wai Lok 杜韋諾	Hong Kong Masters Athletics	Wanchai SG	2014/11/02



2023/10/29



Start: 13:50



28°C



58%

Final 2 **2/3**

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
	2-4 KWOK KA LOK WILSON	郭嘉諾	35052 DBSAC	DNS		

Final 3 **3/3**

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-4 LEUNG CHI CHEONG	梁志鏘	35113 SCAA	11.79	+2.3	
2	3-6 WONG ROBERT	黃家豪	35131 WAC	11.94	+2.3	11.940"
3	3-8 CHAN HO WING	陳浩榮	35127 TCAA	12.07	+2.3	
4	3-3 LAU HING	劉鑫	35112 SCAA	12.48	+2.3	
5	3-7 LI WAI LAM	李慧霖	35060 DBSAC	12.56	+2.3	
6	3-2 LEUNG SHEUNG YAN	梁上昕	35057 DBSAC	12.93	+2.3	
7	3-1 LEUNG WAI HUNG	梁偉雄	35058 DBSAC	13.87	+2.3	
	3-5 CHEUNG WING FAI	張榮輝	35100 PoliceAC	DNS		

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HKMAC RECORD	11.22	TO Wai Lok 杜韋諾	Hong Kong Masters Athletics	Wanchai SG	2014/11/02

29 2023/10/29 Start: 13:50 28°C 58%

Summary

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-4 LEUNG CHI CHEONG	梁志鏘	35113 SCAA	11.79	+2.3	
2	1-6 CHU CHEUK HUNG	朱卓鴻	35110 SCAA	11.94	+1.8	11.940"
2	3-6 WONG ROBERT	黃家豪	35131 WAC	11.94	+2.3	11.940"
4	3-8 CHAN HO WING	陳浩榮	35127 TCAA	12.07	+2.3	
5	2-6 WONG HON LEUNG	黃漢良	35068 DBSAC	12.15	+2.2	
6	1-2 TAM WING PAN	譚榮斌	35117 SCAA	12.25	+1.8	
7	3-3 LAU HING	劉鑫	35112 SCAA	12.48	+2.3	
8	3-7 LI WAI LAM	李慧霖	35060 DBSAC	12.56	+2.3	
9	2-2 PANG YIU CHI EDWIN	彭耀慈	35093 LSCAC	12.59	+2.2	
10	1-7 LEONG MAN TENG	楊晚亭	35099 MAC	12.69	+1.8	
11	2-8 KAWANA YUJI	川名 裕治	35073 JPN	12.75	+2.2	
12	1-4 CHAN CHEUK NAM STANLEY	陳卓男	35042 DBSAC	12.87	+1.8	
13	3-2 LEUNG SHEUNG YAN	梁上昕	35057 DBSAC	12.93	+2.3	
14	2-7 LAU YU LEONG	劉宇亮	35055 DBSAC	13.01	+2.2	
15	3-1 LEUNG WAI HUNG	梁偉雄	35058 DBSAC	13.87	+2.3	

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HKMAC RECORD	11.22	TO Wai Lok 杜韋諾	Hong Kong Masters Athletics	Wanchai SG	2014/11/02



2023/10/29



Start: 13:50



28°C



58%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
16	1-8	HUNG CHEUNG KIT JOHN	孔祥傑	35050 DBSAC	14.88	+1.8	
17	2-5	LIU WUN TSUN	廖煥浚	35126 SHTB	19.15	+2.2	
18	2-3	YEUNG CHUN YIN JARVIS	楊俊彥	35071 DBSAC	23.44	+2.2	
	3-5	CHEUNG WING FAI	張榮輝	35100 PoliceAC	DNS		
	2-4	KWOK KA LOK WILSON	郭嘉諾	35052 DBSAC	DNS		
	1-3	LEE TSZ KIN	李子健	35105 PoliceAC	DNS		
	1-5	THANISLAS JOHN PETER		35094 LSCAC	DNS		

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 110MH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	12.96	ALLEN JOHNSON		ATHENS, GRE	2006/09/17
Masters ACR	15.45	LEUNG CHI CHEONG 梁志鏘			2022/12/04
HKMAC RECORD	15.45	LEUNG CHI CHEONG 梁志鏘			2022/12/04



29 2023/10/29



Start: 10:30



27°C



66%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	LEUNG CHI CHEONG	梁志鏘	35113 SCAA	15.57	+0.3	
2	1-8	KAWANA YUJI	川名 裕治	35073 JPN	16.34	+0.3	
3	1-5	CHU CHEUK HUNG	朱卓鴻	35110 SCAA	16.61	+0.3	
4	1-3	TANG CHEUK YIN	鄧焯言	35118 SCAA	21.85	+0.3	
5	1-7	LIU WAI KIN	廖偉健	35115 SCAA	22.08	+0.3	
	1-6	WONG CHEUK BUN		35078 JSA	DNS		

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 1500M



Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	3:32.51 BERNARD LAGAT		MONACO	2010/07/22
	HONG KONG RECORD	3:55.60 DAVE GIBSON			1972/03/07



2023/10/29



Start: 15:10



27°C



69%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-10	ROBBIE RYAN NICHOLAS		35040 AVOHK	4:54.26	
2	1-13	LEUNG MAN HON JACKIE	梁文瀚	35041 CSDSA	5:13.03	
3	1-6	CHAN KWUN KIU JASON	陳冠喬	35079 LSCAC	5:16.44	
4	1-7	LAU HING	劉鑫	35112 SCAA	6:07.26	
5	1-4	YEUNG YEUK FAI	楊躍輝	35120 SCAA	6:08.55	
6	1-5	LIU WUN TSUN	廖煥浚	35126 SHTB	8:43.06	
	1-11	CHEUNG CHE TSUEN DESMOND	張志銓	35080 LSCAC	DNS	
	1-8	HO LOK CHI WILLIAM	何樂智	35083 LSCAC	DNS	
	1-12	LEUNG TING KIN	梁庭堅	35087 LSCAC	DNS	
	1-9	TSANG FAN CHUN	曾繁俊	35095 LSCAC	DNS	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	20.11	LINFORD CHRISTIE		VILLENEUVE, SWE	95/06/25
HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	24.05	CHEUNG WING FAI 張榮輝	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	24.05	CHEUNG WING FAI 張榮輝	The 6th Hong Kong Masters	TKO SG	2021/09/11



28 2023/10/28



Start: 11:10



28°C



70%

Final 1 **1/2**

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
3	1-3 TAM WING PAN	譚榮斌	35117 SCAA	25.78	+1.0	
5	1-4 CHOW JUEN	周進	35046 DBSAC	26.40	+1.0	
6	1-7 CHAN CHEUK NAM STANLEY	陳卓男	35042 DBSAC	27.30	+1.0	
7	1-5 DASAN JUDE		35082 LSCAC	29.78	+1.0	
10	1-8 LIU WUN TSUN	廖煥浚	35126 SHTB	43.30	+1.0	
	1-6 LEONG MAN TENG	楊晚亭	35099 MAC	DNS		
	1-2 YAN HO CHUN	殷浩俊	35070 DBSAC	DNS		

Final 2 **2/2**

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-4 LEUNG CHI CHEONG	梁志鏘	35113 SCAA	24.43	+0.9	
2	2-8 WONG ROBERT	黃家豪	35131 WAC	25.27	+0.9	
4	2-3 LAU HING	劉鑫	35112 SCAA	26.12	+0.9	
8	2-7 CHEUNG WING FAI	張榮輝	35100 PoliceAC	30.33	+0.9	
9	2-2 WONG CHIH YAN IVAN	黃詰仁	35066 DBSAC	31.88	+0.9	

Summary

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 200M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	20.11	LINFORD CHRISTIE		VILLENEUVE, SWE	995/06/25
HONG KONG RECORD	20.94	TANG YIK CHUN 鄧亦峻			2005/04/16
Masters ACR	24.05	CHEUNG WING FAI 張榮輝	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	24.05	CHEUNG WING FAI 張榮輝	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/28



Start: 11:10



28°C



70%

1	2-4	LEUNG CHI CHEONG	梁志鏘	35113 SCAA	24.43	+0.9
2	2-8	WONG ROBERT	黃家豪	35131 WAC	25.27	+0.9
3	1-3	TAM WING PAN	譚榮斌	35117 SCAA	25.78	+1.0
4	2-3	LAU HING	劉鑫	35112 SCAA	26.12	+0.9
5	1-4	CHOW JUEN	周進	35046 DBSAC	26.40	+1.0
6	1-7	CHAN CHEUK NAM STANLEY	陳卓男	35042 DBSAC	27.30	+1.0
7	1-5	DASAN JUDE		35082 LSCAC	29.78	+1.0
8	2-7	CHEUNG WING FAI	張榮輝	35100 PoliceAC	30.33	+0.9
9	2-2	WONG CHIH YAN IVAN	黃喆仁	35066 DBSAC	31.88	+0.9
10	1-8	LIU WUN TSUN	廖煥浚	35126 SHTB	43.30	+1.0
	1-6	LEONG MAN TENG	楊晚亭	35099 MAC	DNS	
	1-2	YAN HO CHUN	殷浩俊	35070 DBSAC	DNS	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	44.54	CHRISTOPHER BROWN		EUGENE, USA	2015/05/30
HONG KONG RECORD	47.28	CHAN KA CHUN 陳嘉駿	Chinese Taipei Open Meet		2015/05/15
Masters ACR	53.16	Tsang Chun Yip 鄧駿業	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	53.16	Tsang Chun Yip 鄧駿業	Hong Kong Masters Athletics	TKO SG	2018/10/27



2023/10/29



Start: 11:30



27°C



62%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	CHENG CHEUNG CHUN	鄭翔駿	35128 TCAA	57.21	
2	1-4	LEUNG CHI CHEONG	梁志鏘	35113 SCAA	57.68	
3	1-8	CHOW JUEN	周進	35046 DBSAC	57.93	
4	1-2	LEONG MAN TENG	楊晚亭	35099 MAC	59.17	
5	1-7	TANG CHEUK YIN	鄧焯言	35118 SCAA	1:02.77	
6	1-3	LIU WUN TSUN	廖煥浚	35126 SHTB	1:46.70	
	1-6	LAU HING	劉鑫	35112 SCAA	DQ	TR17.3.1 違反分道規則 Lane Infringement (run in lanes)

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 400MH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	48.13	DANNY MCFARLANE		MONACO	2009/07/28
HONG KONG RECORD	50.88	CHAN KA CHUN 陳嘉駿			2016/04/15



2023/10/28



Start: 14:00



27°C



74%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	LEUNG CHI CHEONG	梁志鏘	35113 SCAA	1:01.03	
2	1-4	LIU WAI KIN	廖偉健	35115 SCAA	1:14.60	
3	1-8	CHIU HO WAI	趙浩煒	35045 DBSAC	1:18.20	
4	1-2	CHEUNG GARY CHUNG YEE	張仲頤	35043 DBSAC	1:21.78	
	1-1	WONG CHIH YAN IVAN	黃詰仁	35066 DBSAC	DQ	TR22.6.2
	1-7	LAU HING	劉鑫	35112 SCAA	DNS	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 4X100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	41.30	PARKER, ROLAND, BURNETT, GREEN		ATLANTA, USA	2019/05/26
HONG KONG RECORD	38.47	HONG KONG TEAM			2012/05/26
Masters ACR	46.24	WAC M35 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	46.24	WAC M35 4X100M (A)	The 6th Hong Kong Masters	TKO SG	2021/09/11



2023/10/29



Start: 16:15



26°C



72%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	南華 M35 4X100米 (A) 朱卓鴻, 梁志鏘, 劉鑫, 譚榮斌		SCAA	47.38	
2	1-7	DBSAC M35 4X100米 (A) 黃漢良, 劉宇亮, 李慧霖, 殷浩俊		DBSAC	48.59	
3	1-5	南華 M35 4X100米 (B) 廖偉健, 鄧焯言, 張沛廉, 潘錦暉		SCAA	50.75	
4	1-3	DBSAC M35 4X100米 (B) 陳卓男, 梁上昕, 周進, 黃俊傑		DBSAC	51.12	
5	1-6	LSCAC M35 4X100米 (A) 陳冠喬, DASAN JUDE, 曾繁俊, 邱錦文		LSCAC	55.22	
6	1-8	LSCAC M35 4X100米 (B) MAK HOI KWAN CALVIN, 劉錦德, 梁浩然, 許偉強		LSCAC	58.89	

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Hong Kong Masters Athletics Club
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Men's M35 - 4X400M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	3:17.82	BAIRD, BROWN, COLLINS, BEARDSE		LYON, FRA	2015/08/16
HONG KONG RECORD	3:11.28	HONG KONG TEAM			2014/09/29
Masters ACR	3:51.33	PAC	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	3:51.33	PAC	Hong Kong Masters Athletics	TKO SG	2017/11/11



2023/10/28



Start: 16:15



26°C



84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-8	南華 M35 4X400米 (A) 鄧焯言, 劉鑫, 譚榮斌, 梁志鏘		SCAA	3:53.49	
2	1-3	LSCAC M35 4X400米 LO REGAN, 侯穎聰, 甄梓勤, LO CHUN BONG		LSCAC	4:21.29	4' 21.285"
3	1-6	DBSAC M35 4X400米 張仲頤, 李宗倫, 鄭旭東, 趙浩煒		DBSAC	4:24.14	
4	1-7	南華 M35 4X400米 (B) 廖偉健, 張沛廉, 楊躍輝, 潘錦暉		SCAA	4:25.42	

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 5000M

Record	Perf	Athlete	Event	Place	Date
WMA RECORD 12:53.60		BERNARD LAGAT		MONACO	2011/07/22
HONG KONG RECORD 14:37.14		TSE CHUN YIN 謝俊賢	TCAA Open Athletics Championship	Wan Chai	2022/12/17
Masters ACR 17:04.62		Navaratnasingam	Hong Kong Masters Athletics	Wanchai SG	2015/10/03
HKMAC RECORD 17:04.62		Navaratnasingam	Hong Kong Masters Athletics	Wanchai SG	2015/10/03

2023/10/28 Start: 08:50 25°C 93%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-27	CHOI JORDAN		35081 LSCAC	17:37.31	<i>Split: 03:14.75 (3:14.75) 06:39.84 (3:25.09) 10:16.22 (3:36.38) 13:57.04 (3:40.82) 17'37.31 (3:39.96)</i>
2	1-21	WANG CHAP MAN JACKY	汪習文	35130 WAC	17:48.34	<i>Split: 03:23.62 (3:23.62) 06:55.15 (3:31.54) 10:29.42 (3:34.26) 14:12.43 (3:43.02) 17'48.34 (3:35.56)</i>
3	1-14	LAM TSUN YIN CHRISTOPHER	林峻賢	35084 LSCAC	18:55.53	<i>Split: 03:44.65 (3:44.65) 07:35.61 (3:50.96) 11:23.42 (3:47.81) 15:12.83 (3:49.42) 18'55.53 (3:42.16)</i>
4	1-16	TSUI CHAU LAP	徐秋立	35108 PoliceAC	19:06.66	<i>Split: 03:22.32 (3:22.32) 07:06.91 (3:44.59) 11:12.03 (4:05.12) 15:16.28 (4:04.26) 19'06.66 (3:49.71)</i>
5	1-18	TSE MO PANG	謝武鵬	35107 PoliceAC	19:22.59	<i>Split: 03:31.07 (3:31.07) 07:23.22 (3:52.15) 11:21.12 (3:57.90) 15:19.55 (3:58.43) 19'22.59 (4:02.45)</i>
6	1-23	CHAN KWUN KIU JASON	陳冠喬	35079 LSCAC	19:36.88	<i>Split: 03:39.14 (3:39.14) 07:31.94 (3:52.81) 11:31.18 (3:59.23) 15:32.04 (4:00.86) 19'36.88 (4:03.96)</i>
7	1-25	CHUI LIK HANG LEON	徐力行	35076 JSA	20:05.72	<i>Split: 03:39.76 (3:39.76) 07:37.63 (3:57.87) 11:46.08 (4:08.45) 15:57.52 (4:11.44) 20'05.72 (4:07.48)</i>
8	1-15	LEUNG KA WAI		35077 JSA	20:22.25	<i>Split: 04:06.09 (4:06.09) 08:12.26 (4:06.17) 12:16.06 (4:03.80) 16:22.38 (4:06.32) 20'22.25 (3:59.62)</i>
9	1-19	LI CHUNG LUN	李宗倫	35059 DBSAC	20:27.47	<i>Split: 03:46.10 (3:46.10) 07:48.32 (4:02.23) 11:58.41 (4:10.08) 16:22.49 (4:24.09) 20'27.47 (4:04.50)</i>

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協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 5000M

Record	Perf	Athlete	Event	Place	Date
WMA RECORD 12:53.60		BERNARD LAGAT		MONACO	2011/07/22
HONG KONG RECORD 14:37.14		TSE CHUN YIN 謝俊賢	TCAA Open Athletics Championship	Wan Chai	2022/12/17
Masters ACR 17:04.62		Navaratnasingam	Hong Kong Masters Athletics	Wanchai SG	2015/10/03
HKMAC RECORD 17:04.62		Navaratnasingam	Hong Kong Masters Athletics	Wanchai SG	2015/10/03

2023/10/28 Start: 08:50 25°C 93%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
10	1-13	HO LOK CHI WILLIAM	何樂智	35083 LSCAC	21:59.88	<i>Split: 04:08.13 (4:08.13) 08:30.09 (4:21.96) 12:59.24 (4:29.15) 17:35.73 (4:36.49) 21'59.88 (4:23.27)</i>
11	1-24	MOK LAI YEUNG JASON	莫禮揚	35063 DBSAC	23:40.56	<i>Split: 04:06.79 (4:06.79) 08:31.25 (4:24.46) 13:16.73 (4:45.48) 18:28.53 (5:11.80) 23'40.56 (5:11.47)</i>
12	1-11	LEE YIU KEI CHARLES	李耀基	35086 LSCAC	24:02.59	<i>Split: 04:44.05 (4:44.05) 09:53.74 (5:09.70) 15:11.40 (5:17.65) 20:27.06 (5:15.67) 24'02.59 (3:34.93)</i>
13	1-22	LEE SUNG HAI HYSAN	李崇希	35056 DBSAC	27:55.44	<i>Split: 04:41.40 (4:41.40) 10:06.98 (5:25.58) 15:58.47 (5:51.49) 22:12.65 (6:14.18) 27'55.44 (5:42.35)</i>
14	1-12	LIU WUN TSUN	廖煥浚	35126 SHTB	32:24.44	<i>Split: 05:54.57 (5:54.57) 12:55.14 (7:00.57) 20:11.16 (7:16.02) 27:20.48 (7:09.32) 32'24.44 (5:03.52)</i>
	1-20	KWOK HOI LAM KELVIN	郭凱霖	35102 PoliceAC	DNS	<i>Split:</i>
	1-17	LUK HON MAN BENSON	陸瀚民	35091 LSCAC	DNS	<i>Split:</i>
	1-26	YEUNG YEUK FAI	楊躍輝	35120 SCAA	DNS	<i>Split:</i>

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 5000mW

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-2	CHUI TING YUI	崔庭銳	35101 PoliceAC	35:25.79	
						<i>Split: 07:04.07 (7:04.07) 14:06.31 (7:02.25) 21:11.52 (7:05.20) 28:22.19 (7:10.68) 35'25.789 (7:02.80)</i>
2	1-4	LEE YIU KEI CHARLES	李耀基	35086 LSCAC	37:01.50	
						<i>Split: 07:04.73 (7:04.73) 14:43.68 (7:38.96) 22:38.40 (7:54.71) 29:57.71 (7:19.32) 37'1.500 (7:03.28)</i>
3	1-6	LIU WUN TSUN	廖煥浚	35126 SHTB	37:02.39	
						<i>Split: 06:57.53 (6:57.53) 14:26.90 (7:29.38) 22:14.76 (7:47.85) 29:55.12 (7:40.36) 37'2.389 (7:06.88)</i>
	1-3	TANG CHEUK YIN	鄧焯言	35118 SCAA	DQ	
						<i>Split:</i>
	1-1	HONG KWAN YU	康鈞宇	35125 SHTB	DNS	
						<i>Split:</i>
	1-5	NG CHEUK FUNG RICHARD	伍卓峰	35064 DBSAC	DNS	
						<i>Split:</i>

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合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - 800M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	1:43.36	JOHNNY GRAY		ZuRICH, SUI	1995/08/16
HONG KONG RECORD	1:52.17	LEUNG TAK WAI 梁達威			1999/04/18
Masters ACR	2:09.95	Chan Ka Wai	Hong Kong Masters Athletics	Wanchai SG	2014/11/02
HKMAC RECORD	2:09.95	Chan Ka Wai	Hong Kong Masters Athletics	Wanchai SG	2014/11/02



28 2023/10/28



Start: 15:05



26°C



84%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-7	ROBBIE RYAN NICHOLAS		35040 AVOHK	2:22.32	
2	1-10	LAU HING	劉鑫	35112 SCAA	2:26.23	
3	1-3	LEUNG MAN HON JACKIE	梁文瀚	35041 CSDSA	2:28.06	
4	1-5	LIU WUN TSUN	廖煥浚	35126 SHTB	4:17.34	
	1-11	CHEUNG CHE TSUEN DESMOND	張志銓	35080 LSCAC	DNS	
	1-13	LEONG MAN TENG	楊晚亭	35099 MAC	DNS	
	1-1	LUK MARSHALL HO FUNG	陸浩峰	35062 DBSAC	DNS	
	1-9	TANG CHEUK YIN	鄧焯言	35118 SCAA	DNS	
	1-15	TANG WING KIT	鄧永杰	35106 PoliceAC	DNS	

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Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	22.19	BRIAN OLDFIELD		SAN JOSE, USA	1984/05/26
HONG KONG RECORD	15.70	CHIU LAP SAN 招立新			2012/12/12
Masters ACR	11.52	CHAN KWOK HEI MATTHEW	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	11.52	CHAN KWOK HEI MATTHEW	The 6th Hong Kong Masters	TKO SG	2021/09/11



28 2023/10/28



Start: 15:15



26°C



84%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-6	WONG IP HOI 黃業海	35129 TCAA	10.23m.		x	10.23	x	x
2	1-4	CHEONG TAK FAI 張德輝	35075 JSA	9.43m.		9.43	8.97	9.17	9.37
3	1-15	LI KIT 李杰	35114 SCAA	8.62m.		8.62	8.10	7.28	8.56
4	1-12	LAM SHING LUN 林勝倫	35104 PoliceAC	8.33m.		x	8.33	x	x
5	1-14	LAM WAN HING 林蘊興	35053 DBSAC	8.12m.		7.90	6.74	8.12	7.46
6	1-7	LIU WAI KIN 廖偉健	35115 SCAA	7.80m.		7.80	6.77	5.68	7.05
7	1-2	WONG ROBERT 黃家豪	35131 WAC	7.26m.		6.26	6.80	7.26	6.88
8	1-5	LAM YAU SUN DICKSON 林友燊	35054 DBSAC	7.00m.		6.78	6.43	7.00	6.96
9	1-3	YEUNG EDWIN CHUN YUE 楊鎮宇	35072 DBSAC	6.66m.		5.94	6.66	6.45	6.20
10	1-9	HUNG CHEUNG KIT JOHN 孔祥傑	35050 DBSAC	6.60m.		5.70	6.23	6.33	6.60
11	1-11	WONG CHIH YAN IVAN 黃詰仁	35066 DBSAC	5.63m.		5.43	5.63	5.08	x
12	1-1	CHIANG JASON 姜之維	35044 DBSAC	4.70m.		3.31	4.44	4.63	4.70
	1-10	KWOK KA LOK WILSON 郭嘉諾	35052 DBSAC	DNS					
	1-13	LO KIN NGOK Lo kin ngok	35061 DBSAC	DNS					
	1-8	TANG WING KIT 鄧永杰	35106 PoliceAC	DNS					

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	8.50	LARRY MYRICKS		NEW YORK, USA	1991/06/15
	8.50	CARL LEWIS		ATLANTA, USA	1996/07/29
HONG KONG RECORD	8.12	CHAN MING TAI 陳銘泰	Hong Kong Athletic Championships	Wan Chai	2016/05/07
Masters ACR	6.21	NG Chit Wing 吳哲穎	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	6.21	NG Chit Wing 吳哲穎	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2023/10/29



Start: 08:40



26°C



74%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-6	WONG HON LEUNG 黃漢良	35068 DBSAC	5.82m.		5.56 +1.2	5.73 +0.4	x	5.82 -0.5
2	1-13	TANG CHEUK YIN 鄧焯言	35118 SCAA	5.07m.		4.45 -0.2	4.92 +1.7	4.93 0.0	5.07 +0.7
3	1-5	TAM WING PAN 譚榮斌	35117 SCAA	4.85m.		3.99 +0.1	4.85 -0.4	4.52 +1.6	4.84 +0.2
4	1-11	WONG CHUN KIT 黃俊傑	35067 DBSAC	4.83m.		4.62 +1.3	4.37 -0.1	4.62 -1.6	4.83 +1.7
5	1-1	LAU HING 劉鑫	35112 SCAA	4.82m.		4.47 +1.0	4.70 -0.2	4.82 +0.7	4.58 -0.5
6	1-4	LI KIT 李杰	35114 SCAA	4.17m.		3.49 -0.2	4.17 -0.1	x	x
7	1-2	LAM MING HONG 林銘康	35103 PoliceAC	3.97m.		x	x	3.97 +0.4	x
8	1-7	LIU WAI KIN 廖偉健	35115 SCAA	3.93m.		3.48 -0.9	3.57 +1.7	3.93 +0.9	x
9	1-9	WONG CHIH YAN IVAN 黃喆仁	35066 DBSAC	3.78m.		3.43 +0.2	3.78 +0.4	x	x
10	1-12	LIU WUN TSUN 廖煥浚	35126 SHTB	2.99m.		2.94 +1.1	2.91 +1.2	2.99 0.0	2.83 -0.1
	1-8	CHIANG JASON 姜之維	35044 DBSAC	DNS					
	1-10	KONG CHAK LEUNG (ALEX) 江澤樑	35051 DBSAC	DNS					

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主辦單位:



協辦機構:



合作夥伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	8.50	LARRY MYRICKS		NEW YORK, USA	1991/06/15
	8.50	CARL LEWIS		ATLANTA, USA	1996/07/29
HONG KONG RECORD	8.12	CHAN MING TAI 陳銘泰	Hong Kong Athletic Championships	Wan Chai	2016/05/07
Masters ACR	6.21	NG Chit Wing 吳哲穎	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	6.21	NG Chit Wing 吳哲穎	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2023/10/29



Start: 08:40



26°C



74%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
	1-3	THANISLAS JOHN PETER	35094 LSCAC	DNS					

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主辦單位:



協辦機構:



合作伙伴:



DESIGN CONSULTANTS
意樂設計顧問



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	92.80	JAN ZELEZNY		EDMONTON, CAN	2001/08/12
HONG KONG RECORD	71.78	HUI WAI HEI RICKY 許懷熙	18th Asian Games	Gelora Bung	2018/08/27
Masters ACR	47.12	楊翰武	Hong Kong Masters Athletics	TKO SG	2018/10/27
HKMAC RECORD	47.12	楊翰武	Hong Kong Masters Athletics	TKO SG	2018/10/27



2023/10/28



Start: 14:20



27°C



74%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-4	WONG IP HOI 黃業海	35129 TCAA	52.06m.	HKMACR, R	44.67	47.66	52.06	-
2	1-9	WONG CHUN 黃臻	35119 SCAA	34.06m.		33.48	31.88	30.37	34.06
3	1-8	LI KIT 李杰	35114 SCAA	32.33m.		31.85	29.59	32.33	x
4	1-3	LAU PAK KI PATRICK 劉柏奇	35085 LSCAC	31.10m.		31.10	31.07	x	26.64
5	1-7	CHEUNG GARY CHUNG YEE 張仲頤	35043 DBSAC	23.09m.		19.89	21.95	22.41	23.09
6	1-5	AU YEUNG CHI SHUN 歐陽志信	35074 JSA	20.33m.		x	18.93	18.90	20.33
7	1-2	HUNG CHEUNG KIT JOHN 孔祥傑	35050 DBSAC	18.23m.		15.07	18.23	17.06	x
8	1-6	LO KIN NGOK Lo kin ngok	35061 DBSAC	17.27m.		x	11.09	17.27	x
9	1-1	WONG CHIH YAN IVAN 黃喆仁	35066 DBSAC	9.58m.		6.91	6.63	6.73	9.58

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M35 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	71.56	VIRGILJUS ALEKNA		KAUNAS, LTU	2007/07/25
HONG KONG RECORD	48.58	ARTHUR MCKENZIE			1978/03/19
Masters ACR	33.16	CHAN KWOK HEI MATTHEW	The 6th Hong Kong Masters	TKO SG	2021/09/12
HKMAC RECORD	33.16	CHAN KWOK HEI MATTHEW	The 6th Hong Kong Masters	TKO SG	2021/09/12



2023/10/29



Start: 12:10



27°C



62%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-3	LAM SHING LUN 林勝倫	35104 PoliceAC	27.92m.		27.92	x	27.24	x
2	1-2	WONG IP HOI 黃業海	35129 TCAA	25.70m.		23.54	x	25.22	25.70
3	1-7	LAM WAN HING 林蘊興	35053 DBSAC	24.26m.		22.11	24.26	21.67	22.38
4	1-8	LI KIT 李杰	35114 SCAA	20.37m.		17.42	x	20.37	x
5	1-1	LIU WAI KIN 廖偉健	35115 SCAA	17.43m.		16.23	17.43	x	16.45
6	1-4	AU YEUNG CHI SHUN 歐陽志信	35074 JSA	16.47m.		15.26	16.47	x	x
7	1-5	YEUNG EDWIN CHUN YUE 楊鎮宇	35072 DBSAC	15.87m.		14.46	15.87	15.20	13.09
8	1-6	WONG CHIH YAN IVAN 黃喆仁	35066 DBSAC	15.04m.		11.77	x	15.04	14.05

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:

